

Ravi Doctor DDS



After Sedation: Care Instructions

1. Patients are not allowed to drive for 24 (twenty four) hours after sedation.
2. Patients are not allowed to operate any hazardous devices for 24 (twenty four) hours after sedation
3. A responsible person should remain with the patient until they have fully recovered from the effects of the sedation.
4. Patients should not walk up and down stairs unattended until the effects of the sedation have worn off. It is suggested that patients remain on a ground floor until fully recovered from the effects of sedation.
5. Patients are allowed to eat whenever and whatever they want after their sedation appointment.
6. Patients need to drink plenty of fluids as soon as possible following their sedation appointment.
7. Patients may sleep for a long time or may be alert after they leave the office. Companions need to attend to alert or sleepy patients in the same manner and should not allow them to be alone.
8. Always hold the patient's arm when walking.
9. Patients are not allowed to take a shower, take a bath, or enter a swimming pool or hot tub for at least 24 (twenty four) hours after sedation.
10. Call us if you have any questions or difficulties.
- 11. If you feel that the patient's symptoms warrant a physician and you are unable to reach us, go to the closest emergency room immediately.**

Following most surgical procedures, there may or may not be pain, depending on the patient's threshold for pain. Appropriate medication for discomfort will be provided. In most cases, a non-narcotic pain regimen will be given; consisting of Acetaminophen (Tylenol) and Ibuprofen (Advil). These two medications, taken together, can be as effective as a narcotic, minus the side effects associated with narcotics. If a narcotic has been prescribed, do not take it until the day following surgery. No pain medication should be taken the day of surgery. If you have any questions about the interaction of these medications with other medications presently being taken, please call our office, your physician, or your pharmacist.

Dr. Doctor's Cell # 817-233-6300

Patient Pharmacy Name and Phone Number: _____

How much notice does your ride need to arrive at our office?: _____

Patient Name (printed): _____

Patient Signature : _____ Date: _____

I understand that if I do not arrive within 15 minutes of your notice that the patient will be charged \$100 for every 15 additional minutes that require patient monitoring under your care. _____

Companion Name (printed): _____

Companion Signature : _____ Date: _____

Contact # (_____) - _____ Alternate # (_____) - _____

Southlake Office: 261 East Southlake Blvd., #100 Southlake, TX 76092 817-328-2400

Arlington Office: 1810-A South Bowen Rd. Arlington, TX 76013 817-274-8667