

Ravi Doctor DDS



Post Operative Instructions for a Crown or Filling

- It can be normal to experience some soreness on your gum tissue or sensitivity on your tooth/teeth following treatment. This can last for a few days.
 - Taking a mild pain reliever such as Tylenol (acetaminophen) or Advil (ibuprofen) can be very effective in providing comfort. Please only take medications as recommended on bottle. Rinse with warm salt water or Peridex (chlorhexidine)
 - Be careful when eating solid foods until the numbness has worn off to prevent cheek, lip or tongue biting.
 - If you feel your bite is uneven or heavy in one area, please call the office to schedule a bite adjustment. Leaving the tooth/teeth in an uneven state can cause jaw pain and sensitivity to temperature and pressure.
 - If a temporary crown was placed, remember it has been placed with temporary cement. This means that it can be easily removed with sticky foods and by flossing. Try to avoid chewing gum, taffy, caramels and slide the floss out as directed by your dental assistant.
 - In the case that your temporary crown comes off, call the office immediately to reserve a time to have it re-cemented. The temporary crown is important. It protects your tooth from breaking and keeps your other surrounding teeth from shifting.
- The decay was deep on one or more of your teeth and there is the possibility further treatment will be needed (crown, root canal etc.) at an additional cost.

If you are having any pain or sensitivity to hot/cold or pressure please call the office.

***Dr. Doctor can be reached on his cell phone after hours in case of an emergency: 817-233-6300**

Southlake Office: 261 East Southlake Blvd., #100 Southlake, TX 76092 817-328-2400

Arlington Office: 1810-A South Bowen Rd. Arlington, TX 76013 817-274-8667